Amy Caro

Managing Director, Health and Life Sciences



Ms. Amy Caro is a senior leader in the healthcare management industry with over 34 years with civilian and defense agencies as well as state governments in the management, analysis, design, development, and implementation of large-scale automated financial, health, and related mission critical information systems. Deep Water Point & Associates clients benefit from Ms. Caro's depth of knowledge and vast experience with of the federal health industry, including clinical systems, life sciences, public health, healthcare and benefits management as well as the systems and methods needed to support the transformation of the industry.

Prior to joining Deep Water Point (now Deep Water Point & Associates), Ms. Caro was a senior leader in Northrop Grumman's health business for over a decade. Most recently, as vice president of Northrop Grumman's Health Solutions, she managed the overall health business practice growing total revenue to \$500M. She developed a comprehensive health strategy to capture market share at CMS, CDC, NIH and FDA which enabled Northrop to be the #2 contractor at the Department of Health and Human Services. Ms. Caro also developed and executed a strategy to position Northrop at the Department of Veteran Affairs and Defense Health Agency around cyber, interoperability, and fraud. She assessed investment strategies for capability development as well as developed trusted senior level relationships to ensure offerings would meet customer needs. Programs that Ms. Caro has been involved in include: CDC CIMS, CIOSP3, NIH Cancer Moonshot, CMS ESD and SPARC, VA T4NG, MHS GENESIS as well as others.

Before Northrop Grumman, Ms. Caro was vice president for federal healthcare at CGI, formerly American Management Systems (AMS), where she worked for ten years. In that role, she grew the CMS business over tenfold in four years. Prior to joining AMS, Ms. Caro held senior positions at 8a firms such as Decision Systems Technologies, Inc. and RJO Enterprises where she focused on a wide range of federal customers including being involved in the Tricare program.

Ms. Caro earned a double BA in applied mathematics and administrative and management science from Carnegie Mellon University and a MA in business administration from The George Washington University. She has been involved with several professional organizations including Women in Technology, and the Health Information and Management Systems Society, and serves on the board of directors for several organizations including the American Red Cross and Easter Seals. In 2016 she received a Heroines of Washington lifetime achievement award from March of Dimes.